

Covid Vaccine Opportunities for Age 70+
Updated 1/28/2021 (updates in italics)
If you know of other opportunities, let us know!

The biggest updates this week (1/28/2021) are most places have added a phone number to call and most places, per the governor's order, have opened their wait lists to ANY patients and not just former patients or based on your location.

There is a new hotline in Colorado that is staffed by real people. Hopefully this will be helpful – 877-268-2926

We are NOT currently offering the vaccine at CMC. However, check back here and on all the sites below frequently as information is constantly changing. Also watch the local news and the [Colorado Department of Public Health & Environment](#) and [Colorado Public Radio](#) websites. Both of these sites are updating regularly.

Currently, Colorado is vaccinating those in Phase 1 which includes Coloradans ages 70+. There are very few vaccine sign up plans for frontline essential workers yet as they are below the dotted line for group 1B, but we will keep you updated.

When you sign up, you are signing up for notification, rarely are you actually signing up for an appointment time. Please check your email and your phone several times a day as patients can be notified at the last minute when vaccine becomes available. Take the first vaccine that is offered to you and then you can say no to anyone else that calls. Always get your second dose on the calendar for the same location, same vaccine brand at the time you are there for your first shot.

**Coloradans age 70+ can sign up for notification about vaccine availability at:
(Everyone should sign up at least for the first seven signups listed below):**

[Park County](#) – No phone number, Anyone can sign up for notification using this [form](#)

[Clear Creek County](#) – Anyone can sign up for notification using this [form](#) or can call 303-670-7528

[UC Health](#) – Anyone can call 720-462-2255 or can sign up via their portal [here](#). Do NOT need to be a current patient, if you are a current patient you should already be receiving notices.

[Kaiser Permanente](#) – Anyone can sign up [here](#), The form looks like it won't let you sign up because you don't meet the criteria, but when you hit answer question #3 it will move on to the next set of criteria so you can complete the sign-up

[Centura Health](#) - Can call 866-414-1562 or can sign up for notification [here](#), will also send an invitation to their existing patients through MyCenturaHealth focusing on current patients first

[Stride Community Health Center](#) – Can sign up [here](#)

[Safeway](#) – There is not much information as to when Safeway will be offering the vaccine, but they have a [sign up](#) to receive updates. There is also this [link](#) to try to schedule an actual appointment. (Right now there seems to be nothing available), *You might have more luck with asking at your local store what day of the week they are likely to open their appointments*

[Jefferson County](#) – No locations yet, but can sign up for alerts [here](#) , can also call their recorded line at 303-239-7000, option 4 for the latest information

[Salud Clinic](#) – No phone calls, anyone can sign up, closest locations are in Aurora, Brighton, Commerce City, Longmont; have to pick a location to register for, after you register they will call when they have availability to schedule an appointment with you

[SCL Health](#) – *Anyone can call 303-812-2051 or can sign up for notification [here](#). Are contacting patients who are currently receiving care at a SCL Health facility, also emailing through MyChart*

[National Jewish Health](#) – *No phone or sign up yet, reaching out to a randomized list of qualified current patients by email to schedule appointments, be sure to watch your email if you are a current patient*

[Health One hospitals](#) – *Anyone can call 303-453-2477 or can sign up for vaccine wait list [here](#), they are also contacting previous patients*

[Denver Health](#) – *Anyone can call 303-436-4949, no online sign up yet. Are contacting those patients seen in last 3 years by sending an invitation through MyChart, can call 303-602-3520 if you have been seen in the last 3 years*

[Links to other Counties](#) – *Many are now allowing non-residents of those counties to sign up for vaccination*

[Vail Health](#) – only for residents of Eagle County

[King Soopers](#) – You can try to sign up online, but it seems impossible to use this signup [here](#) *You might have more luck with asking at your local store what day of the week they are likely to open their appointments*

[Walgreens](#) – There is no information when they will offer it yet.

[CVS](#) – There is no information when they will offer it yet.

Can also call the CO Help Line (303-389-1687 option 1, then option 2) – not very helpful

Can also call 211 or text your zip code to 898-211 – Has the same information we have given you above

Essential workers

[Kaiser Permanente](#) – Can complete online form to request vaccine if you are an essential worker or long-term care worker

Facts on the Covid Vaccine

Get the Facts on the COVID-19 Vaccine

It's Safe	It's Effective	It's for Everyone
FACT: Vaccines are safe and subject to the same standards. -	FACT: People with chronic health conditions should get the vaccine. -	FACT: There is NO cost to receive the COVID-19 vaccine. +
FACT: The COVID vaccines were tested on a diverse group of volunteers. -	FACT: People who have gotten sick with a COVID-19 infection should also get the vaccine. -	FACT: You do NOT need to be a U.S. Citizen to receive a vaccine. +
FACT: Vaccines will help prevent you from getting sick from COVID-19. -	FACT: The COVID-19 vaccine requires TWO doses. -	FACT: Wearing masks and social distancing will still be necessary, even after you receive the vaccine. +
FACT: You can't get COVID-19 from the Moderna or Pfizer vaccines. -		
FACT: People who receive the COVID-19 may experience side effects. -		

Who should NOT get the vaccine?

CMC Providers recommend that **EVERYONE** (with very few exceptions) get this vaccine

- Persons with an allergy to mRNA vaccine components - polysorbate or polyethylene glycol (also in Miralax) – need allergist referral to determine if you can receive the vaccine
- If you have received another vaccine within the last 14 days – schedule to take it as soon as 14 days have passed
- If you have a moderate to severe illness – just wait until it has resolved
- Children under age 16 – Pfizer vaccine is age 16 and up, Moderna vaccine is for age 18 and up
- Do not receive a second dose if you had a SEVERE immediate allergic reaction to your first dose of the vaccine

Who can still get the vaccine?

- History of allergic reactions not related to vaccines, injectable therapies or components of mRNA vaccines such as food, pet, insect, venom, environmental, latex, oral medications, or other allergies
- Non-serious allergy to vaccines or injectables
- Family history of anaphylaxis
- History of anaphylaxis not related to vaccines or injectable therapy
- Immunocompromised or on medications that affect the immune system
With some of these you may be observed for 30 minutes instead of 15 minutes

What are the side effects of the vaccine?

- Side Effects can occur within 1-3 days after vaccination. Most are mild and can be minimized with acetaminophen or ibuprofen.
- Pain and redness at injection site, lymphadenopathy in the arm where the injection was given, fatigue, HA, muscle/joint pain, chills, n/v, fever
- Very rare chance of severe allergic reaction occurring w/in 15-30 minutes of vaccination – difficulty breathing, swelling of face/throat, fast heartbeat, hives
- Most sites will require you to stay for 15-30 minutes after vaccination to be monitored

Is it important that I get the second vaccine?

- Yes, we encourage you to schedule for your second vaccination at the time you get your first vaccination. If you must delay for an unforeseen reason, get your second dose as soon as possible after it is due.
 - Pfizer is given 21 days apart
 - Moderna is given 28 days apart
- It is important to take the same brand of vaccine both times.

Can I get Covid from taking the vaccine?

- You can NOT get Covid from the vaccine. The vaccine contains no live virus.

Is the Covid vaccine safe since it was developed and released so quickly?

- The vaccine has been tested in thousands of study participants and has been found to be safe and effective. The risk of Covid and it's potential long-term consequences outweigh any unknown risk of the vaccine.

How much does the vaccine cost?

- There is no out of pocket cost to you

If I already had Covid, do I need the vaccine?

- Yes. You only need to wait until your illness has resolved and you are off isolation.

How long will I have immunity to Covid after the vaccine?

- We don't know the answer to that.

